

Parenting Programmes

- Are you struggling to cope with your child's behaviour?
- Does it feel like your child's behaviour is getting out of control?
- Would you like to be managing your child's behaviour differently – but don't know how?
- Do you need some time to learn new ways of coping with your child's behaviour?

How can we help?

- It is important to stress that parenting has a major influence on the behaviour and actions of young people. How you behave as a parent directly influences how your children behave.
- Working with us will give you the opportunity to share experiences and learn new ways to manage difficulties.
- Evidence shows that if you feel supported you will feel more confident as a parent and your child's behaviour will improve as a result.
- We will work with you to decide if you need support with parenting and what sort of support will be of most help.

Services available to support Positive Parenting

- We can provide you with advice and information about positive parenting.
- We can offer support to you on an individual basis, having agreed with you areas you want to work upon.
- There are a range of groups available, run by the YOT or by other agencies, where parents can learn from each others' experiences, and learn different ways of coping with teenage behaviour.
- A Family Group Conference can be arranged where you are supported in creating a plan to change behaviour.

Across West Berkshire a range of agencies provide support to parents in different ways, and we can put you in touch with them.

Areas which our work can cover

- Communicating with your child.
- Setting appropriate boundaries.
- Dealing with conflict.
- Negotiating with your child.
- Rewarding good behaviour.
- Understanding teenagers and their development.
- How you can support as a parent.

Parenting Order

- The courts are able to make a Parenting Order if a young person aged 10-17 years has committed a crime, or is engaged in anti-social behaviour.
 - A Parenting Order will require you to meet with a Youth Offending Team Officer and to undertake work to develop your confidence and skills as a parent. You will be required to attend sessions for a maximum of twelve weeks, but the court may include additional requirements which can be for as long as a year.
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Our Aim

- We aim to give parents greater confidence in dealing with the behaviour of their children.
- We start from the belief that bringing up children can be a challenging task.
- We are not the experts – you are the expert on your child. We aim to provide an external viewpoint which may help to solve difficulties.
- There is no one solution. We aim to offer a range of services and to find one which will best meet your needs.

For more information contact: West Berkshire Youth Offending Team, Merchant House, 14-20 Oxford Road, Newbury, Berkshire, RG14 1PA

Telephone: 01635 553600

Complaints: If you are not happy about any element of the service provided by the Youth Offending Team, you should talk to your YOT Officer. If you still feel dissatisfied you can write or talk to the Youth Offending Team Service Manager at the above address and telephone number.

West Berkshire Youth Offending Team

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