

Join a walk today

just turn up and join in!

West Berkshire

Wellbeing Walks

 RAMBLERS

**WELLBEING
WALKS**

West Berkshire



Monday

	10 - 11am	Hungerford Common – (Hungerford Rugby Club car park)	
	11am - 12pm	Stroud Green, Newbury (Opp. The Plough Pub)	
(1st & 3rd of month)	10.30 - 11.15am	Beansheaf Community Centre Calcot	
(4th of month)	10:30am - 12pm	Englefield Estate Walk (Recreation Ground, Englefield Road, Theale)	
(2nd & 4th of month)	11:30am until 12:30pm	Lambourn (St Michael and all Angels church)	

Tuesday

	9.30 - 11.30am	Mortimer Long (The Community Centre Car Park, The Street)	
	10 - 11.30am	Mortimer Regular (The Community Centre Car Park, The Street, Mortimer)	
	10.30 - 11am	Mortimer Short (The Community Centre Car Park, The Street, Mortimer)	
(1st, 3rd & 5th)	10 - 11am	Kintbury (Coronation Hall, Kintbury)	
(2nd & 4th of the month)	10 - 11am	Inkpen (Crown and Garter Inn)	
	11am - 12pm	Northcroft Leisure Centre, Newbury (car park)	
	10:30 - 11am	Burdwood Surgery, Thatcham (Car Park)	






Wednesday




	10 - 11am	Hosehill Lake, Theale (Fox & Hounds car park)	
	10:30am	Wednesday Newbury library (in front of the library)	

Thursday

	10:45am - 11:45am	Watermill Theatre (Overflow car park, Watermill Theatre Bagnor)	
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Friday

(1st of month)	10 - 11.30am	Greenham Common (Control Tower car park)	
(2nd of month)	10 - 11am	Nature Discovery Centre, Muddy Lane, Lower Way, Thatcham	
(3rd of month)	10 - 11am	Snelsmore Common, Newbury (Rangers Office)	
(4th of month)	10 - 11am	Northcroft Leisure Centre, Newbury (car park)	
(5th of month)	10 - 11am	Nature Discovery Centre, Muddy Lane, Lower Way,	

-  Suitable for beginners
-  Everybody welcome to walk at their own pace. No stiles options available
-  Brisk walks, for regular walkers

For further information on Wellbeing Walks in West Berkshire please contact Public Health on 01635 503437
walking@westberks.gov.uk
or visit info.westberks.gov.uk/wellbeingwalks
www.facebook.com/wbcpublichealth



West Berkshire
COUNCIL