

SHARED LIVES News

February 2025

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Dear Shared Lives Carers,

It feels like spring has finally sprung here in the South which means it's time to get stuff done.

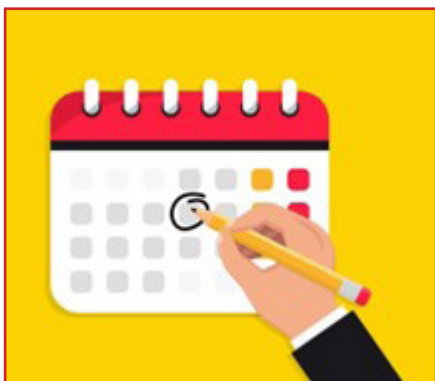
Whether we're talking gardening, spring cleaning, or finally tackling that one project forever lingering on the to-do list, we can all use a little motivation. we thought we'd share one of our favourite productivity quotes.



Dates for the diary

Big meetings are held for adults with learning disabilities, carers, parents, adult social care, service providers and community support groups.

Big Open Meeting - Dates for 2025 – Broadway House



All meetings start at 10:15am until 12noon at Broadway House. Registration and refreshments start from 9:45am.

Broadway House
4-8 The Broadway, Newbury
RG14 1BA

Next meeting is

3rd March 2025 3.30pm – 5pm

Join the meeting now

Meeting ID: **329 697 816 854**

Passcode: **gZ7cH9uz**

Shared Lives Open Door



24th of February 10am – 4pm
at the Phoenix Centre, Newtown Road.

Why not come and join us, meet the team for a cuppa and a chat,
in person or on teams.

Come along to discuss Shared Lives and what we do.

Have you ever thought about yourself or someone you may
know becoming a carer.

To join over teams:

[Join the meeting now](#). Meeting ID: 339 274 980 238

Passcode: 9wyvyd



Health and safety



Helping you when you need it most

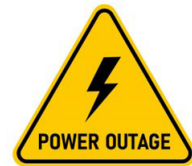
We all rely on electricity day to day for various things, but for some, a power cut can be worrying or difficult. That's why we offer extra help and support during a power cut. Registering for our Priority Services helps us to help you when you need it most. All our priority services are free.



www.ssen.co.uk/power-cuts-emergencies/priority-services

Power outage website

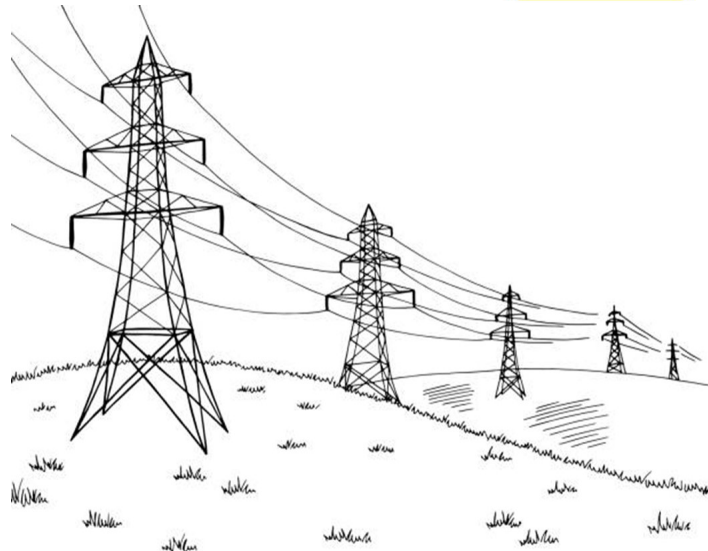
<https://powertrack.ssen.co.uk/powertrack#QF4469>



Report a power cut or emergency

Power cut? Damage to our network? Feel free to call us on 105 and we'll be right with you.

Call 105



Equality and diversity



Equality, diversity, and inclusion are principles that promote fairness and respect for all people.

- **Equality:** Giving everyone the same rights and opportunities
- **Diversity:** Valuing people's differences, including their beliefs, abilities, and backgrounds
- **Inclusion:** Ensuring that people's contributions are valued and integrated into an environment



Meet the person – Steven



How did you get to become a Shared Lives Carer?

I worked for the Supported Employment Team at The Phoenix Centre for a couple of years before applying to be a Shared Lives carer and I also did out of hours shifts with what was then called the Phoenix Out of Hours Group. Working at the Phoenix Centre and doing out of hours work made me realise that care work was something I enjoyed, and I felt that I had built up confidence to then apply to become a Shared Lives Carer. I have now been a Shared lives Carer for 14 years.

Can you tell me something you really enjoy as a SL Carer?

I really enjoy having that shared interest with the people I support, its so easy to chat through that shared connection. I like the flexibility that comes with Shared Lives.

I also enjoy the social aspect of Shared Lives and building social groups with the people we support. Building good relations with People we Support and their families.

Can you tell me what you would say to others who are not SL carers about you overall experience of being a SL Carer.

The Shared Lives Scheme is overall really positive, it doesn't even feel like work and we get to experience different activities together. The role is really rewarding when you start to see improvements and developments in the people we support. The financial benefits are good. The work is so flexible it can be fitted around your life and it can be seen as a form of companionship. As SL carers we are well supported from the team of Shared Lives Officers. The training is specific to the Shared Lives Role.

Events and Recognition

We wanted to say a big thank you to everyone who joined both in person and on Teams for the 2024 Christmas quiz and bingo

We have received some lovely feedback of thanks for the event.

The quiz champions were Ryan, Lynne and Chris.

Christmas get together



Congratulations Ryan!

He won the Inspirational role model of the year award.



Femi is a 4-year-old cockapoo and lives with Lisa (Shared Lives Officer), her partner Andrew and her son, Jamie.

Femi is named after my partner's favourite Newcastle United player; Obafemi Martins.

Her favourite things are sleeping, treats and meeting new people. When she meets new people, her tail will wag so much that her whole bum shakes as well!

Femi goes to 'Doggy Daycare' twice a week whilst her Mum & Dad go to work. She loves running around in the fields with all her doggy-friends and she will head straight to bed when she gets home.



Contact numbers

Paul Flack– 01635 519332

Mel Jones– 01635 519861

Charlotte Treagus—01635 519802

Lisa Petch– 01635 519642

Sadie O'Reilly—01635 519307

Becky Stephenson– 01635 503357

Bridgette Caner- 01635 503406

Max Chaplin—01635 519119

Main Office Line - 01635 520173



WBC Shared Lives feedback



Please scan
the QR code
below and leave
your feedback

