

West Berkshire Health Visiting Service 2025

Universal Offer (For All Families)

Antenatal Contact
Delivered in a group setting by Health Visitors (HV)

New Baby Review (10–14 Days):
Conducted by HVs in the home.

6–8 Week Review:
Conducted by skill mix in clinic

1-Year Developmental Review: Conducted in clinic by the skill mix in clinic.

2–2.5 Year Developmental Review: Conducted in clinic by the skill mix in clinic

Additional Universal Services:

3–4 Months and 6 Months: Information shared with families via email or letter. Families can also contact the service as needed. Promotion of positive parenting strategies. Provision of information on child development, immunisations, and healthy lifestyles.

The Health Visiting Service (HV Service) in West Berkshire operates under the framework of the Healthy Child Programme, which aims to give all Children all the best start in life by focusing on prevention, early intervention, and reducing health inequalities. Services are provided at three levels—Universal, Targeted, and Specialist Support—to meet the varying needs of families with children under five years old. The service is delivered by a skill mix. This refers to the combination of different staff roles, qualifications, and competencies within the health visiting services, that includes Health visitors, Community nursery nurses and Staff nurses.

Targeted offer

Specialist offer

For both Targeted and Specialist, mandated contacts - Antenatal contact, New Baby Review, 6–8 Week Review, 1-Year Developmental Review and 2–2.5 Year Developmental Review:

Conducted by a Health Visitor in the clinic or home dependent on family need.

Targeted offer

Specialist offer

Interventions to support child development and parental well-being, including support with breastfeeding, maternal health, sleep, child safety, minor childhood illnesses etc.

Support for families with children who have complex developmental or medical needs.
Support for families experiencing domestic abuse, mental health issues, or substance misuse.
Multi-disciplinary collaboration, including attendance at child protection and safeguarding meetings.



All pregnant women in West Berkshire are contacted by the Health Visiting Service during the antenatal period or just after the birth of their baby.

Support will be offered according to need.

Children can move between universal, targeted and specialist provision depending on need, as assessed by the Health Visitor.

